

Pet Quality of Life Daily Tracker

Track your pet's good days and bad days for one week to see the pattern objectively.

Pet's Name: _____

Date Started: _____

7-Day Tracking Calendar _____

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date							
Overall Rating	☐ Good Day ☐ Bad Day	☐ Good Day ☐ Bad Day	☐ Good Day ☐ Bad Day	☐ Good Day ☐ Bad Day	☐ Good Day ☐ Bad Day	☐ Good Day ☐ Bad Day	☐ Good Day ☐ Bad Day
Notes appetite, energy, comfort, joy...							

HHHHHMM Quick Reference

Score each 1-10. Total above 35/70 = acceptable quality of life.

H Hurt
Is pain managed?

H Hunger
Eating enough?

H Hydration
Drinking enough?

H Hygiene
Clean and comfortable?

H Happiness
Showing joy?

M Mobility
Can they move?

M More Good Days Than Bad?
Are the good days still outweighing the hard ones?